

# Are You Ready?

Are you ready to learn the Model so you can use it as you're evolving in your life? When you join Self Coaching Scholars, we offer four main ways you can start applying the Model to your life today.

## PRIVATE COACHING

- Work on your models privately with one of our Certified Coaches.
- Talk through the components of your problems, determine why you're stuck, and figure out how to get unstuck very easily.
- Completely recondition your brain so you start thinking in terms of the Model.

## THE STUDY VAULT

- Take advantage of all the content Brooke has taught over the past 15 years.
- Access any insight you need, directly customized to you—whenever you need it.
- Enjoy classes on how to stop overeating and overdrinking, be an entrepreneur, be better with your money, feel better, manage your mind, and more.

## GROUP COACHING SESSIONS

- Choose from any of our classes or coaching sessions every single day weekday.
- Join these sessions live to be coached yourself or watch others learn this material.
- Insert your own issue when others are being coached and see how the coaching applies to you. There's something powerful about seeing someone else coached on a topic that you're struggling with.

## ASK A COACH

- Any time you feel stuck in your own self coaching, you can utilize this resource to ask an anonymous question.
- Ask one of our Certified Coaches a question 24 hours a day and get an answer to your question.
- You can also read through other students' questions and answers to get insight. There's so much value in learning from others.

If you're wanting to change your life and get unstuck today, the Model is the method to do it. In Self Coaching Scholars, we teach the Model in a way that you can apply to your life right away.

*Apply this model to your life, I promise you it can change everything.*

[Click here](#) to join Scholars and get instant access to everything you need to completely change your life today.