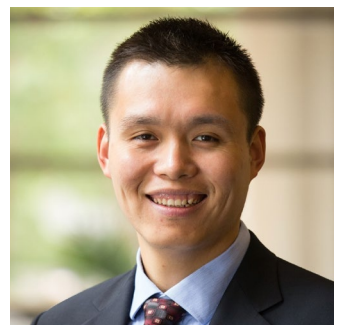




GET COACHED

*Ready to
change
your life?*



THE
LIFE COACH
SCHOOL

Looking for a place that teaches
how to *uplevel* your entire life?

WE ARE THE LIFE COACH SCHOOL.
THIS IS WHAT WE DO BEST.



BROOKE CASTILLO
Founder of The Life Coach School

Hi Friend,

I created Get Coached for people just like you.

People who want to feel better.

People who want more time. More abundance. More freedom.

People who want an extraordinary life.

I know you can 100% achieve these goals.

Get Coached gives you everything you need to make progress quickly in all areas of your life—from health, relationships, and money, to business and time management.

Just a few minutes every week is all it takes to make incredible long-lasting changes.

Whatever your dreams are, we'll help you create real, tangible results that you can feel proud of.

With the best coaching on the planet.

Whether you're brand new to coaching or you've been listening to The Life Coach School Podcast for years—you're in the right place.

I'm so honored you're here.

Are you ready to change your life?

Let's go.

— Brooke Castillo

Welcome to Get Coached.

What Is Get Coached?



Get Coached is a world-class coaching program with unparalleled support to help you create real changes in your life and improve your mental and emotional health.

This includes weekly private coaching, live group coaching, on-demand courses, our ask a coach portal, and so much more.

Plus, we'll teach you how to use the Self Coaching Model, so you can get to the root of any problem and gain control over the results in your life.

Join now and gain instant access to these life-changing tools.

YOUR MEMBERSHIP INCLUDES:



PRIVATE COACHING

Weekly private coaching sessions with a Certified Life Coach



STUDY VAULT

On-demand courses for the biggest topics in personal development



LIVE GROUP COACHING

Live Group Coaching Calls every weekday



BONUS RESOURCES

Ask a Coach, Brooke's Books, and Private Podcast

Get Coached Is for You.

Real people, incredible results.



"Get Coached transformed my life in massive ways in just my first month. Not only am I happier (and healthier), but I also feel in total control of my life. My only regret is that I didn't join the moment I heard about it."

JEFF G.



"I think of Get Coached as the ultimate self discovery destination. If there's something I want to learn about and implement in my life—Get Coached has me covered. It's an almost bottomless well of knowledge and resources."

RIECE M.



Melodee F.

Melodee is a sales professional based out of Houston, Texas. Melodee initially joined Get Coached over four years ago because she was struggling in sales and had a challenging relationship with money. She dove into the program and didn't give up. Her sales have exploded, her client list is growing daily, and she's starting her own professional organizing business. Thanks to Get Coached, Melodee knows that she doesn't have to be afraid of any emotion. She's responsible for her thoughts and can shift them at any time. And thanks to the tools she's learned in Get Coached, Melodee says making money is no longer difficult. She says it's easier than ever before.

Ready to join us? [Click here.](#)

Private Coaching

We give you personal support to reach your goals.

Included in your membership is a weekly 20-minute private coaching session with one of our Certified Coaches trained by The Life Coach School.

You'll be amazed at how much insight a Certified Coach will reveal to you.

You can get coached on relationships, feeling better, money, overdrinking, the Model, business goals—any topic you desire.

It's easy to fit your weekly coaching sessions into your schedule.

- ✔ Every week, you get to select your coaching session time.
- ✔ We offer a diverse range of days and times, so there are sessions available in your time zone.



Weekly private coaching is how you go from where you are now to *where you want to be.*

**THIS BENEFIT IS WORTH THE VALUE OF
GET COACHED ALONE.**

Ready to join us? [Click here.](#)



Group Coaching

As a Scholar, you also get immediate access to daily Group Coaching Calls.

Your biggest aha moment might come when you watch someone else get coached because your brain is relaxed and more receptive to the coaching.

We offer calls every weekday at a variety of times to allow Get Coached from around the world to join. Just check out the calendar and choose the calls that fit your interest and schedule.

There's something for everyone.



"If I had to pick my favorite area of Get Coached, I would go for the Group Coaching Calls. Being able to witness the quality of teaching and coaching is incredible. It also demonstrates how we are all human and can witness how we are all so similar yet uniquely different."

PATRICK F.

TOPICS INCLUDE:

- Achieving Your Goals
- Beliefs
- Buffering
- Business & Entrepreneurship
- Celebrate Your Wins
- Double Your Business
- Feelings
- How We Earn
- Mastering the Model
- Money & Abundance
- Parenting and the Model
- Relationships
- The Possibility Formula
- Time Management

Questions? Email TheTeam@TheLifeCoachSchool.com.

Study Vault

Skyrocket your growth with over 40 on-demand courses inside our Study Vault.

Any area of your life you want to focus on, we've got you covered.

With mindfully curated learning pathways, simply choose a topic that interests you and dive in.



**BROOKE CASTILLO
& APRILLE FRANKS**
Stop Underearning

DISCOVER COURSES ON:

- Achieving Your Goals
- Building Self Confidence and Self Love
- Entrepreneurship
- Inclusion and Belonging
- Managing Your Mind
- Mastering Emotional Wellbeing
- Money and Abundance
- Relationships
- Stop Overdrinking
- Time Management
- Weight Loss
- And so much more

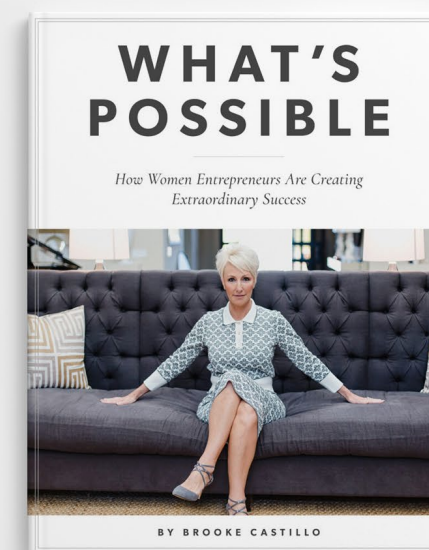
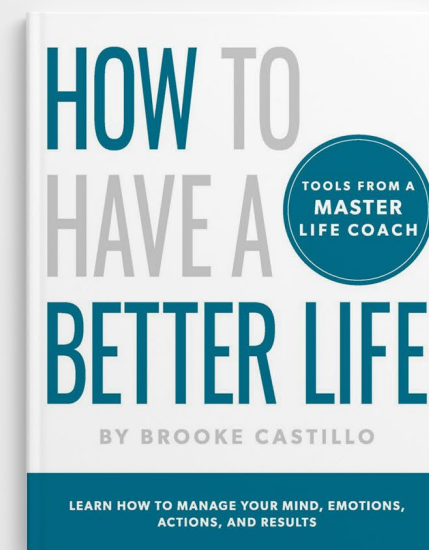
"Stop Underearning is brilliant. Brooke and Aprille together are hilarious and a powerhouse dynamic. As a new entrepreneur, the business skills they are teaching are crucial. I've already gained so much from this offering." — J.C.

"Using the weight loss tools in Get Coached, I have not only lost the final 15 pounds... but the process also cultivated a more trusting, closer relationship with myself." — TARA E.

Bonuses You'll Love

BROOKE'S BOOKS

We give you unlimited access to 20+ books by Brooke Castillo. These exclusive books with cutting-edge coaching tools are only available inside Get Coached.



PRIVATE PODCAST

Take Brooke and your favorite coaches with you on the go with our Private Podcast. All our Group Coaching Calls are downloaded automatically right to your phone. Now the best of Get Coached is mobile. And so convenient.

ASK A COACH PORTAL

We want to be sure you get help when you need it. So, any time you're struggling with an issue, you can anonymously submit a written question in Ask a Coach.

- If you feel stuck in your own self coaching, you can use this resource to ask an anonymous question 24 hours a day.
- Read through other students' questions and answers to get insight.
- Utilize our Business Ask a Coach for questions related to business and entrepreneurship.

The Best Part

Here's the best part of Get Coached:

You receive all of these amazing benefits for only \$297 per month.

WHEN YOU ENROLL IN GET COACHED, YOU'LL GET INSTANT ACCESS TO:

PRIVATE COACHING

Every week, you can book a 20-minute private coaching session with a Certified Coach to get support and achieve your goals faster.

GROUP COACHING

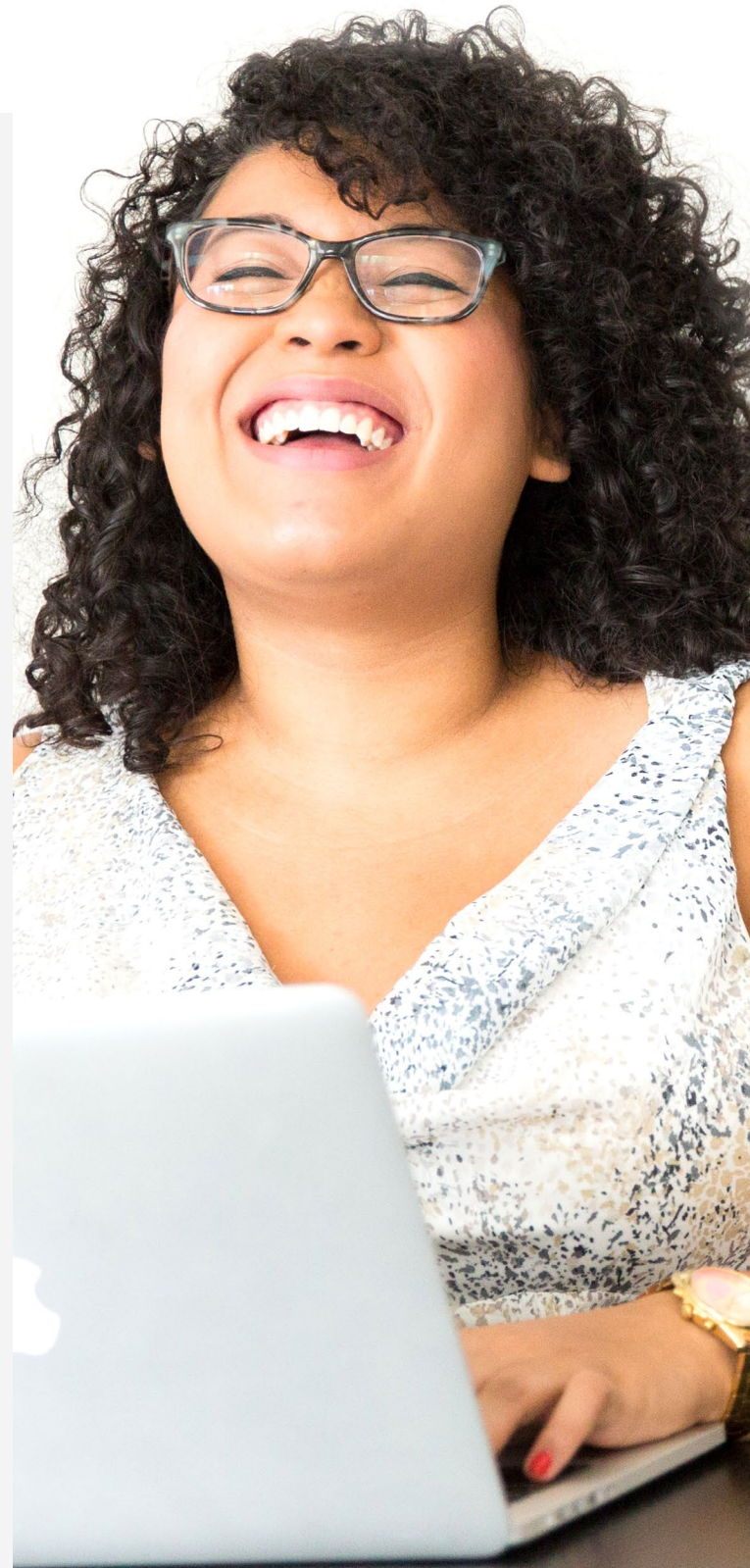
We offer a Live Group Coaching Call every single weekday to support you in all areas of your life.

THE STUDY VAULT

We'll help you fill your brain with new information, tools, and strategies from over 40 on-demand courses to uplevel every area of your life.

BONUSES

- Ask a Coach
- Brooke's Books
- Private Podcast

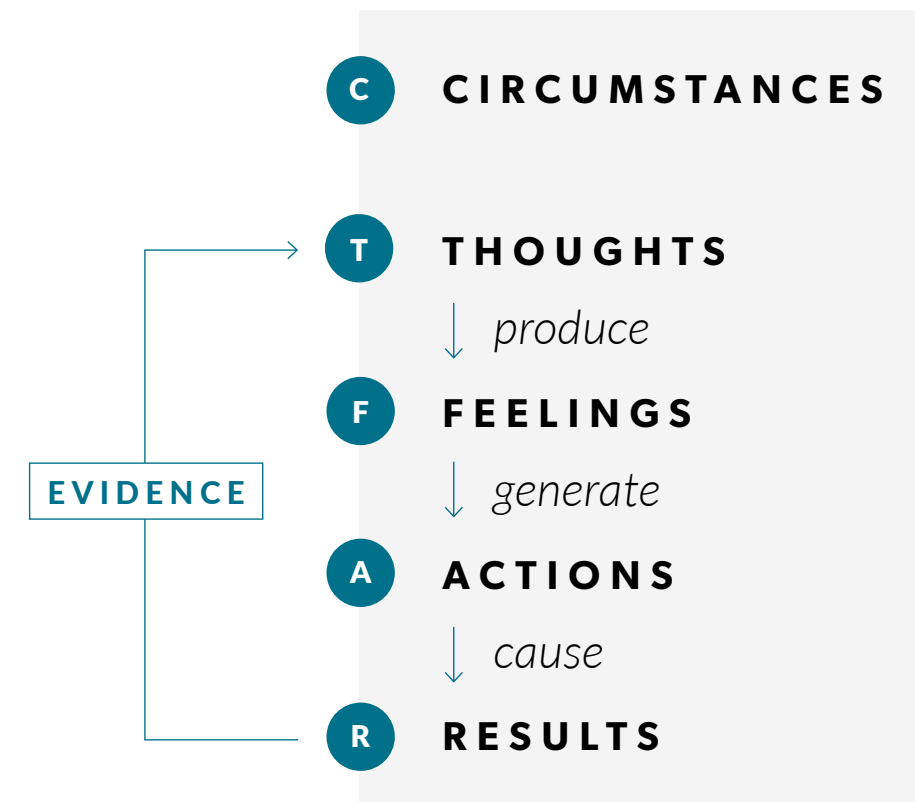


Discover the Model

The Self Coaching Model is a framework for how everything in our life works. It's a tool for self discovery, awareness, and clarity.

The Model breaks down into five categories: Circumstances exist. Thoughts create feelings. Feelings drive action or inaction, and our actions lead to the results we have in our lives. The results are always proof of our thoughts.

No other school teaches this tool; it's what sets us apart.



The Model is the *secret sauce* that can help you create long-lasting change in your life.

AND MAKE THE IMPOSSIBLE **POSSIBLE**.

It's Easy To Get Started

WE GIVE YOU:

1

Clear, step-by-step instructions for how to use the Model and start coaching yourself through our **Orientation Training**.

2

A Live Group **Welcome Call** with a Certified Coach. This is where you can bring all your questions and learn more about how to best use your membership.



3

Mastering the Model Group Coaching Calls each month to help you gain confidence and practice in this foundational tool.

4

New content and classes every month for your continuous growth. Our coaches are committed to sharing new cutting-edge tools so you can keep upleveling your life.



Decide to go *all-in* and watch your entire life change.

Get Coached IS THE **BEST GIFT YOU CAN GIVE YOURSELF.**

Ready to join us? [Click here.](#)

Join us.

AND BECOME THE SCHOLAR OF YOUR OWN LIFE.



Get started today by going to
www.thelifecoachschool.com/join.



If you still have questions, you can email
theteam@thelifecoachschool.com and a member
of our team will be glad to assist you.

See you inside.

Frequently Asked Questions

How long is the program?

Get Coached was designed as a year-long program; however, you can join for as many months as you'd like. We know that if you go all-in for a full year, your life will look completely different. There is no minimum enrollment time, but we know you'll find so much value, you won't want to leave.

Is Get Coached for me if I don't have a problem? I just want to uplevel my life.

Yes, Get Coached is for anyone who wants real change. Many Scholars join to achieve massive goals, make more money, and feel better overall. There are many high-achieving Get Coached students who use these tools to take their life from good to mind-blowing.

Can I receive coaching one-on-one?

Yes, you will receive weekly one-on-one coaching included in your membership. The value of these weekly sessions alone is worth more than your monthly membership.

What's the difference between Get Coached and Certification?

Get Coached is a monthly membership program for self development where you will be the one receiving coaching. In this program, you are the client.

Coach Certification is for people who would like to use our tools to coach other people. In this program, we'll train you in our advanced methods, which will allow you to effectively use the Model with your own clients.

Get Coached will not train you to use our tools with clients. If you would like to use our coaching tools with your clients and be licensed to use our intellectual property in your coaching practice, we recommend enrolling in our Coach Certification Program.

How do the payments work? When do I gain access?

When you join Get Coached, you get immediate access to private and Group Coaching Calls, Ask a Coach, and the Study Vault, which includes Brooke's most popular programs. (These programs were once sold separately for thousands of dollars.) Your first monthly payment is charged immediately upon enrollment and recurring payments will be made every 30 days after that. You may cancel at any time.

Can I rejoin if I decide to cancel?

Yes, but you'll need to wait one full year before rejoining.

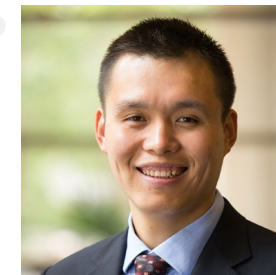
What is the time commitment?

We suggest spending at least 15 minutes per day on the topic that you have chosen to work on. We also recommend attending at least one live Coaching Call (or watching the replay) and attending your private coaching session each week.

I live internationally. Will I still be able to join the live Group Coaching Calls and schedule private coaching sessions?

We vary the live Coaching Call times daily so that more people are able to attend live and have international students who get coached often. Calls are usually between 10 am and 6 pm in the Central time zone. All calls are posted on the site within 24 hours. As for private coaching, we have incredible coaches located all around the world, so we are able to provide a variety of private coaching time options.

Grow With Us. Join Get Coached Now.



“Whether you think you can, or you think you can't, you are right. Why not give 'YOU CAN' a shot? It is impossible not to grow inside Get Coached.”

CHAO S.



“I am always amazed by how much new content keeps being put into the membership. You never get to a place where you already know everything, because there's always something new. There's never an end to what I can learn.”

JANET A.

THE
LIFE COACH
SCHOOL